WHATS WRONG WITH ME

A MANS LIFE TRANSFORMING QUEST IN SEARCH OF HAPPINESS AND PERSONAL MASTERY

LETTER TO THE READER

Dear reader,

First, congratulations on grabbing this book. By doing so, you have displayed a sense of purpose and willingness to make use this wonderful gift called life to the fullest extent by working on the most beautiful thing in the world - yourself.

“Success is a pilgrimage taken by everyone but completed only by few. Many of those who embark on this pilgrimage either quit halfway or just before the end”

There are 8 billion of our species on this planet, with each of us differing in a wide variety of factors such as genes, nationality, religion etc…But despite all these differences, there is one common universal purpose that unites the entire human race – The need to be successful.

Though the definition of success differs from person to person- for one success maybe bare survival while for another it maybe making it to the fortune 500 list; for one it might mean making it to Harvard while for another it might be attending to school at least once in their lifetime; For one it might be visiting the Disney land while for another it might be breathing long enough to live for one more day. But no matter what the individual definition is, all of us are in the same boat as we wake up each day, trying to make progress, trying to move our boat towards the shore of success.

Early man started off as nomads, wandering through the forests of present day Africa in search of food. As time progressed, humankind evolved. Many new discoveries were made and along with those discoveries, new questions emerged. The answer to these questions presented a fresh set of questions. Over time, this cycle of problems and progress did wonders to man. No longer is he travelling by foot. The distance between the moon and earth doesn’t deter him anymore. Gone were the days when mankind was created – now mankind is the creator himself. The creations of mankind have helped him transgress the finite boundaries of space and explore the vast infinity that lies beyond.

But no matter how much the progress, there are some questions, the answers to which have always eluded man. It is in the quest of answers to those questions, that mankind stumbled upon some of the greatest gifts it has ever discovered. One such question is the “secret of success”.

Billions of men have walked on this planet but only a notable few have left their imprints on the sands of time. Only a certain percentage of the total population that embarked on the journey of achieving their dreams and attaining happiness managed to do it. But what is it that those people had that the rest didn’t have? What did those people do that if the rest can implement in their lives, eventually they too can complete the ‘mission possible’ of success?

So what are the secrets of success and happiness? What is the formula to success and happiness (if there is any at all)? There is no one size fits all answer to these questions. But In the pursuit of answers to these questions, there have been quite a few discoveries, which if we implement in our personal voyage of excellence, makes the rocky road to success easier to tread on.

I hope that this book, which is about one man’s pursuit of answers, will be the igniting spark that will help you in your personal journey towards happiness and excellence and I also wish that this journey of yours called life will be the story that will inspire the billions that are yet to set foot on this planet.

Looking forward to serving you to the best of my abilities to equip you with all that I have ever known about making this journey of yours a worthwhile one. Wishing you happiness, peace of mind, self-satisfaction, good health, immense wealth and a place in the history book of the world,

Your admirer,

Vignesh Karthikeyan

ACKNOWLEDGEMENT

Though there have been many people behind the scenes whose constant motivation, inspiration and support is the reason behind the pages to come and to those people I owe an debt that can never be re payed, there is one person in particular to whom I would like to dedicate this book – the person who appears when you stand in front of the mirror. That is the person who knows the entirety of you, including your darkest secrets and the happiest of reminiscence. To that person I dedicate this book because I’m sure that as he/she leads you along the pathway of life, this book will give them the most humble remainders that will help them make this journey a worthwhile one.

# CHAPTER -1 |

***ONE FINE DAY…***

It was 6 pm. Savin took out the steel lunch box from his bag and opened it with the expectations of a child that was about to get a toy from its parents. Lunch at last! He exclaimed. One look into the lunch box and that child like face turned into the face of a kid who just received his homework. Upma!\* He growled. Like a typical south Indian kid, Savin hated upma. His repulsion towards upma roots from his childhood days. But in those days unlike today, lunch was a thing of norm and not a privilege that seems to be getting harder with each passing day.

Suddenly the phone blared. It was Sahadev. He wanted to meet Savin immediately. Savin frowned as he put the phone down. Having to choose between an upma and a boss (both of whom he equally detested), he decided to dump the upma and go for the boss. He made a silent apology to his stomach. I will go for the dinner directly- At least it’s not going to be upma again…he said to his growling stomach, trying to focus the positive side of the things.

To temporarily satisfy his stomach he grabbed a coffee at the cafeteria and hurried to Sahadev’s cabin only to realize that something even worse than upma was lurking inside the cabin. Sahadev was Savin’s manager and the reason for the phone call was that Sahadev wanted to do Savin’s year-end review. Savin dreaded those words…he knew what that meant. It meant for the next one hour Sahadev was going to be blasting Savin, ripping apart whatever he had done for the entire year. They should have named it ‘your-end review’ instead of ‘year-end review’, he thought.

True enough, for the next one hour, Sahadev blasted through Savin in a manner similar to how Australian cricket team which won the 2003 world cup would perform against the present Chinese cricket team. Savin could not even find out which was louder – the sound of his stomach growling or Sahadev’s blasting. Not that Savin was a bad performer – In fact, Savin had passed out from one of the leading engineering colleges in India and the company in which he at the present was working for was the first company that came to his college and Savin was the only person who got selected; But what went on was like the universal code of conduct for all year-end reviews. After the 1 hour blast, which ended with Savin making a promise to Sahadev about correcting his mistakes (which included ideas like coming to office early, taking additional responsibilities and staying back extra time to work more on his core competencies) and thanking him for pointing out his ‘areas of improvement’ in a ‘very friendly way’, Savin came out of Sahadev’s cabin with his stomach growling. Time for home and dinner finally! , he cried.

Savin switched off his system, took his helmet and was got ready to leave when the mobile phone rang. It was Vinithra, Savin’s wife. She said she was too tired and needed a break. So she was leaving to her parent’s ancestral home in kumbakonam – a traditional village in the interior of south India for a week and that Savin had to take care of their daughter Mira. Don’t buy food from the hotel she said. Mira is allergic to hotel food. So better you cook for yourself and mira. She continued...And for tonight’s dinner, eat something on your way. Mira had noodles…She then proceeded to give a series of instructions before leaving Savin with a take care and good bye. Savin sighed as he put back his cell phone. He was mentally and physically exhausted. At 7pm, after a usual long day, he was wondering if it could get anymore worse. Now at 9 pm, he felt the life at 7pm was much better.

Savin was a 27 year old Indian engineer from Chennai. He completed his schooling and like every Indian kid who completes high school, joined engineering in one of the reputed institutions in the country. He was an above average child who always managed to stay afloat in the top part almost throughout his school life. Savin worked hard in his high school. After finishing high school, following the guidance of his parents, he decided to pursue engineering and got into one of the premier engineering institutions in the city.

Engineering was different. Unlike school, his managing to stay afloat tactics didn’t work here. In fact, within the first two months of engineering, he failed more times than he had ever failed in his 17 years of school life. One year into engineering, Savin realized that he did not belong here. But like a majority of Indian engineers, Savin too had no options and was left with no other alternative than to struggle his way out of the Indian engineering system. But as they say, what doesn’t kill you only makes you stronger and Savin did more than just surviving – he thrived. He got placed in a popular IT company based in Chennai.

Though Savin was everything on the outside that an average middle class 20 year old kid would want to be – completed engineering, a well-paying job, married to a beautiful woman and having a kid, inside him there was a Savin who was tattered. A Savin, who was sinking into the depths of desperation. He hated his job. What should have ideally been profession for passion, had become profession for paycheck. His wife seemed to be caring less about him with each day. His boss seemed to be wanting more from him day by day. In short, the Savin on the outside was just a makeup. The inner Savin – the one that only he knew was struggling to break out